



Campaign for Mental Health Services in North Norfolk

The Campaign is interested in collecting people's experiences of Mental Health Services in North Norfolk during the Covid-19 pandemic. We would like to feed these experiences back to both the Norfolk and Suffolk Foundation Trust (NSFT) and the Care Quality Commission (CQC). Both these organisations are influential in providing NHS Mental Health provision in North Norfolk, and working with independent providers like MIND, for example.

Here are some guiding questions. If you are agreeable for name and contact details to be kept by us and passed onto these organisations, please confirm below. If you wish to remain anonymous, please leave blank.

Many thanks for your sharing your experiences.

Can you tell us how you are feeling at the moment?

Who are you speaking to about your mental health?

Can you tell us about your recent experiences with mental health care services, and where these are?

What do you think you need to help you with your mental health needs?

Are you worried about anyone you know who has a mental illness? If so, what is their mental illness, or symptoms? Are they getting any help from MH services?

I agree to my name being forwarded to NSFT and CQC YES / NO

My name is:

My email address is: