



in good health

Norfolk and Waveney's Sustainability and
Transformation Plan (June 2017)



Sustainability and Transformation Plans (STP)

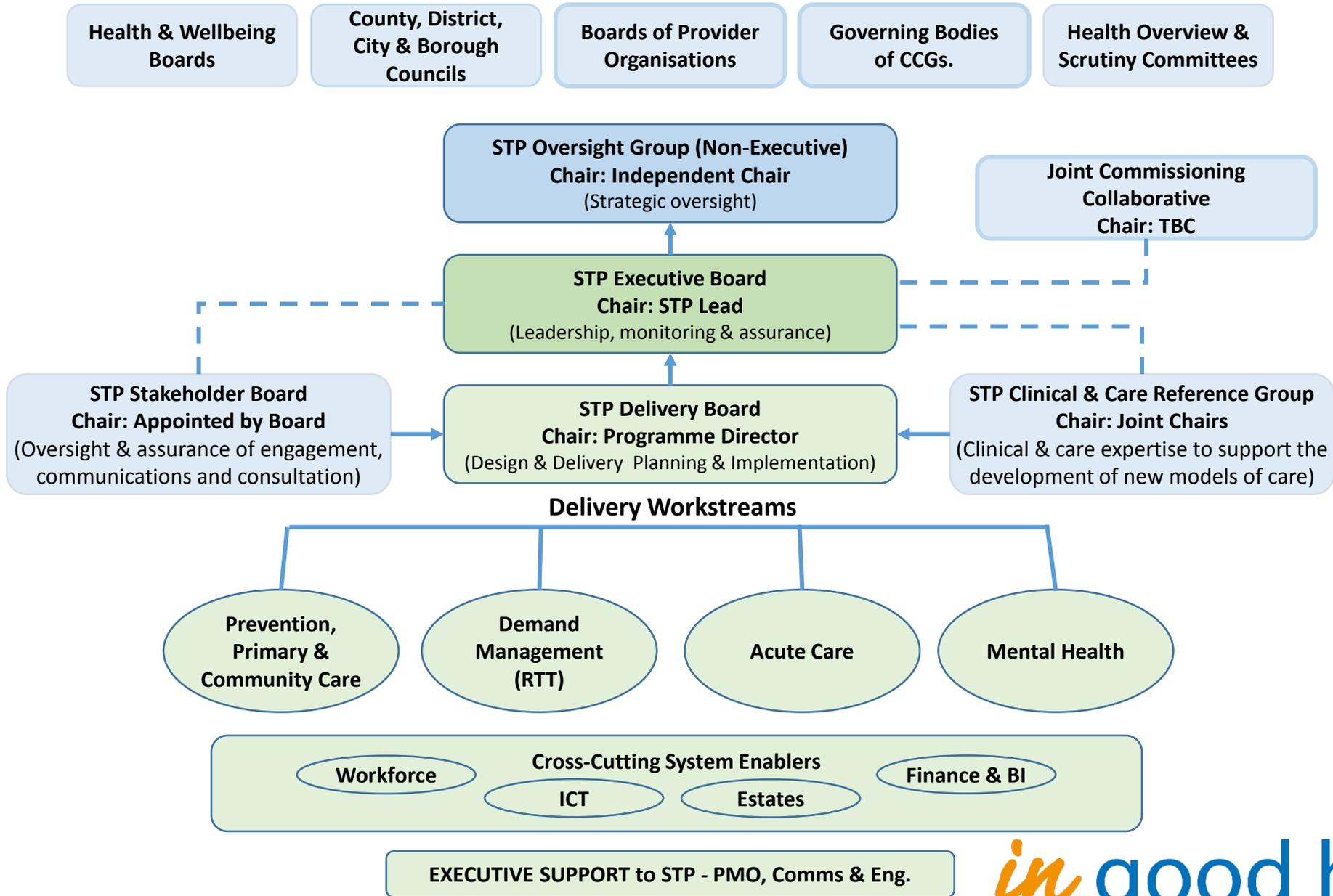
- A national policy initiative that are part of the delivery of the NHS **Five Year Forward View (5YFV)** - the shared vision for the future of the NHS, including **new models of sustainable care**.
- There are 44 plans being developed across England – our plan covers Norfolk and Waveney.
- Aim to improve the health of the population, the quality of care for patients and the efficiency and productivity of the NHS by 2020/21.

Norfolk and Waveney's Sustainability and Transformation Partnership

- Norfolk and Suffolk County Councils
- The five NHS Clinical Commissioning Groups
- The three acute hospital trusts, the mental health foundation trust, and other providers such as Norfolk Community Health and Care NHS Trust and East Coast Community Healthcare CIC
- East of England Ambulance Service NHS Trust
- Norfolk and Waveney Local Medical Committee
- District, borough and city councils
- Healthwatch Norfolk and Healthwatch Suffolk

Norfolk & Waveney STP Governance Arrangements

13 Jun 2017 v1.0

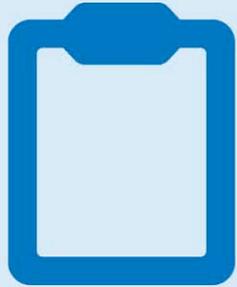




The challenge

- Our population is growing and getting older.
- The type of care that people need is changing - 45% of patients treated in hospital could be treated out of hospital, closer to home.
- We have problems recruiting appropriately qualified staff across health and social care services.
- We need to make our services more efficient and cost effective.
- If we do nothing, in five years' time we would overspend by £415 million.

If things continue as they have and our population increases as we predict it will, by 2025 every year:



800,000
more appointments
will be needed
with GPs
and nurse
practitioners



109,000
more people
will have
appointments at
our hospitals for
day treatment



92,000
more people will
go to our A&E
departments



48,000
more people will
arrive at A&E by
ambulance



56,000
more people will
be admitted to
our hospitals in
an emergency

Our vision

Our vision is to provide high quality services that support more people to live independently at home, especially older people and those with long-term conditions, like heart disease, breathing problems, diabetes or dementia.



What will this mean for patients and service users?

- They will have the support they need to keep themselves healthy and well, and in control of their own long-term health.
- They will have good information to help them put in place the support they need.
- When someone needs care, there will be a greater range of services which can support them at home and near to where they live.
- Their care and support will be coordinated better, and their physical and mental health needs will be considered together.
- Our hospitals will focus on providing them with the specialist and emergency care that is appropriate.

Feedback on our vision and ideas

- There is broad support for our vision for health social care in Norfolk and Waveney and our ideas for developing services.
- There is support for caring for people closer to home, improving prevention and keeping people healthy and well, and making sure that physical and mental health are treated with equal importance.
- People want health and social care services to work more closely together, and see this as the solution to many of the challenges we face.
- However some people are sceptical about our ability to achieve our vision, primarily because of concerns about us having the necessary funding and resources.

The national delivery priorities

- Urgent and emergency care
- General Practice
- Cancer
- Mental Health
- Helping frail and older people stay healthy and independent



Integrating care locally

Manage systems not just organisations. The five rules of thumb:

- New care models
- Sustainability and transformation partnerships – a way of bringing together GPs, hospitals, mental health and social care to keep people healthier longer and integrate services around the patients who need it most
- Judged by results
- Community participation and involvement
- Accountable care systems

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Why health and social care services in
Norfolk and Waveney need to change

Our priorities

- Increase access to Primary Care and General Practice (GP FYFV).
- Remove organisational boundaries to create integrated health and social care neighbourhood teams.
- Develop sustainable out of hospital community services.
- Reduce hospital demand specifically for urgent and emergency admissions, through targeted early intervention of vulnerable groups.
- Improve access to elective procedures/care (i.e. planned care).
- Review acute services and develop sustainable new models of care.
- Improve access to mental health services.

The shape of things to come?

- A strategic commissioning approach for Norfolk and Waveney
- GPs jointly working in about 20 localities with community services, social care and third sector organisations
- Community providers working more closely together
- Hospitals more closely linked together and with community
 - = person-centred care
 - = better support to stay well at home
 - = a financially sustainable system