



STP Discussion Workshop

Mental Health

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**Norfolk and Waveney's STP
Mental Health**

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Commissioning
(Mental Health and Learning Disabilities)**

STP MH Workstream priorities

- Crisis Café/ Support Hub
- Secondary Care variations/ Primary Care
- Step Down/ Accommodation
- Psychiatric Liaison – NNUH
- Community Perinatal Specialist Services
- Early Intervention in Psychosis Services
- Extended IAPT – Physical Health integration

Crisis Café/ Support Hub

- Recommendation for Mental Health Strategies independent report
- Good evidence base – Aldershot, Sheffield, Bradford, Leeds
- Model being developed;
 - Day time 9am – 5pm (Support and advice plus)
 - Night time 7pm – 2am (Sanctuary)
- Capital in place
- Revenue business case being developed
- Reduced activity A&E
- Reduced admissions to MH bed provision
- Higher quality care provision

Secondary Care Variations

- Differential clinical practice
 - Address the variation to decrease bed usage
 - Development of a specific service for people with Emotional unregulated Personality Disorders
 - Analysis of referrals from Primary Care
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Step Down / Accommodation

- Need for more accommodation options in the community
- Patients “fit for discharge” but with no accommodation
- Delayed Discharges / Bed blockages
- Housing regulations
- Welfare reforms
- Lack of social housing
- System flow impacted – model is the *in* wrong way round *good health*

Psychiatric Liaison - NNUH

- Core 24
- Wave 1
- 1 hour from referral to assessment
- Improved quality and patient experience
- Flow of A&E Department
- Need to work closely with Crisis Café/ Support Hub
- Close working with Police
- S136

Community Perinatal Specialist Services

- National bidding process
- Workforce calculator
- Good partners – Get Me Out The Four Walls
- 525 women and families by 2018/19
- Link with DGHs
- Children's Centres
- Link with Regional Mother and Baby Unit
- Buddy with Nottinghamshire

Early Intervention in Psychosis Services

- National waiting times standard
- 50% increasing in the five years of the strategy
- NICE concordat package of care
- All age
- Recruitment now
- Evidence base excellent
- 3 year package of care programme

Extended IAPT – Physical Health integration

- IAPT population
- 16.7% has to increase to 25%
- Direction to link with physical health
- Aim to improve patients care experience
- Aim to reduce Secondary Care admissions
- Evidence base: COPD, Cardiovascular, Diabetes, Cancer

Over to you...

Questions and Discussion

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